

# Why Empathetic Kids Succeed In Our All About Me World

In today's competitive and fast-paced world, it's easy to get caught up in our own self-interests. We're bombarded with messages that tell us to "look out for number one" and "put ourselves first." But what if there's a better way? What if the key to success isn't selfishness, but empathy?

In her book, "Why Empathetic Kids Succeed In Our All About Me World," Michelle Borba argues that empathy is the missing ingredient in our children's lives. She shows how empathy can help kids:

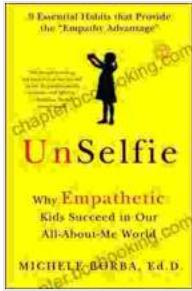
- Do better in school
- Make better friends
- Be happier and healthier
- Become more successful in life

Empathy is the ability to understand and share the feelings of another person. It's about seeing the world through someone else's eyes and trying to understand their perspective. Empathy is not the same as sympathy, which is simply feeling sorry for someone. Empathy is more active. It involves putting yourself in someone else's shoes and trying to understand their thoughts, feelings, and motivations.

**UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World** by Michele Borba

★★★★☆ 4.7 out of 5

Language : English



File size	: 2098 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 306 pages



Empathy is important for a number of reasons. First, it helps us to build relationships. When we can understand and share the feelings of others, we are more likely to connect with them on a deeper level. Empathy also helps us to resolve conflicts peacefully. When we can see things from another person's perspective, we are more likely to be understanding and forgiving.

In addition, empathy is important for academic success. Studies have shown that students who are high in empathy are more likely to do well in school. This is because empathy helps students to understand their teachers and classmates, and to work effectively in groups.

Finally, empathy is important for overall happiness and health. People who are high in empathy are more likely to be happy and healthy. This is because empathy helps us to connect with others, build relationships, and resolve conflicts peacefully.

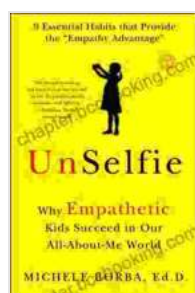
There are a number of things we can do to help kids develop empathy. Here are a few tips:

- **Talk to your kids about empathy.** Explain what empathy is and why it's important. Share stories about times when you've seen empathy in action.
- **Encourage your kids to play with other children.** Play is a great way for kids to learn how to interact with others and develop empathy.
- **Read books and watch movies with your kids that promote empathy.** There are many great books and movies that can help kids to understand and develop empathy.
- **Model empathy in your own life.** Kids learn by watching the adults in their lives. If you want your kids to be empathetic, you need to be empathetic yourself.

Empathy is a vital skill that can help our children succeed in life. It's a skill that we can all learn and develop, and it's one that will make our world a better place.

## Additional Resources

- [The Greater Good Science Center](#)
- [The Center for Humane Technology.](#)
- [The Aspen Institute](#)



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