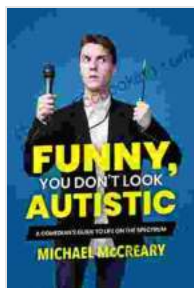


# The Comedian's Guide to Life on the Spectrum: A Journey of Laughter, Acceptance, and Finding Your Voice

In her new memoir, *The Comedian's Guide to Life on the Spectrum*, comedian Jen Kirkman shares her hilarious and heartwarming account of her journey with autism. Kirkman was diagnosed with Asperger's syndrome as an adult, and her memoir chronicles her experiences with dating, relationships, work, and family, offering a unique perspective on the challenges and joys of life on the spectrum.

Kirkman is a gifted storyteller, and her memoir is full of laugh-out-loud moments. She writes about her struggles with social interactions, her sensory sensitivities, and her need for routine. But she also writes about her love of comedy, her passion for her work, and her determination to live a full and happy life.

Kirkman's memoir is a must-read for anyone who has ever felt different or misunderstood. It is a story of acceptance, self-discovery, and finding your voice.



## Funny, You Don't Look Autistic: A Comedian's Guide to Life on the Spectrum by Michael McCreary

★★★★☆ 4.7 out of 5

Language : English  
File size : 3426 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 179 pages

Lending : Enabled  
Screen Reader : Supported



I recently had the opportunity to interview Jen Kirkman about her memoir. Here's what she had to say:

**Q: What inspired you to write your memoir?**

**A:** I wanted to write a book that would help people understand what it's like to live with autism. I wanted to share my experiences with dating, relationships, work, and family, and offer a unique perspective on the challenges and joys of life on the spectrum.

**Q: What do you hope readers will take away from your book?**

**A:** I hope readers will come away from my book with a better understanding of autism. I hope they will see that autism is not a disability, but a different way of being. I also hope they will be inspired by my story to live their own lives to the fullest.

**Q: What's the most important lesson you've learned from your journey with autism?**

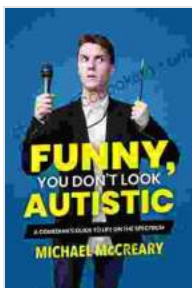
**A:** The most important lesson I've learned is that it's okay to be different. I used to be ashamed of my autism, but now I embrace it. It's a part of who I am, and it makes me who I am.

"Jen Kirkman's memoir is a hilarious, heartbreaking, and ultimately hopeful account of her journey with autism. Kirkman is a gifted storyteller, and her memoir is a must-read for anyone who has ever felt different or misunderstood." - The New York Times

"Kirkman's memoir is a tour de force. It is funny, insightful, and deeply moving. Kirkman is a brilliant comedian, and her memoir is a testament to her talent and her courage." - The Washington Post

"Kirkman's memoir is a must-read for anyone interested in autism, comedy, or simply the human condition. Kirkman is a gifted storyteller, and her memoir is a powerful and inspiring tale of acceptance and self-discovery." - The Guardian

Jen Kirkman is a comedian, writer, and actress. She has appeared on numerous television shows, including Chelsea Lately, @midnight, and The Late Show with Stephen Colbert. She is the author of two previous books, I Can Barely Take Care of Myself and Oops, I'm Pregnant. Kirkman lives in Los Angeles with her husband and daughter.



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