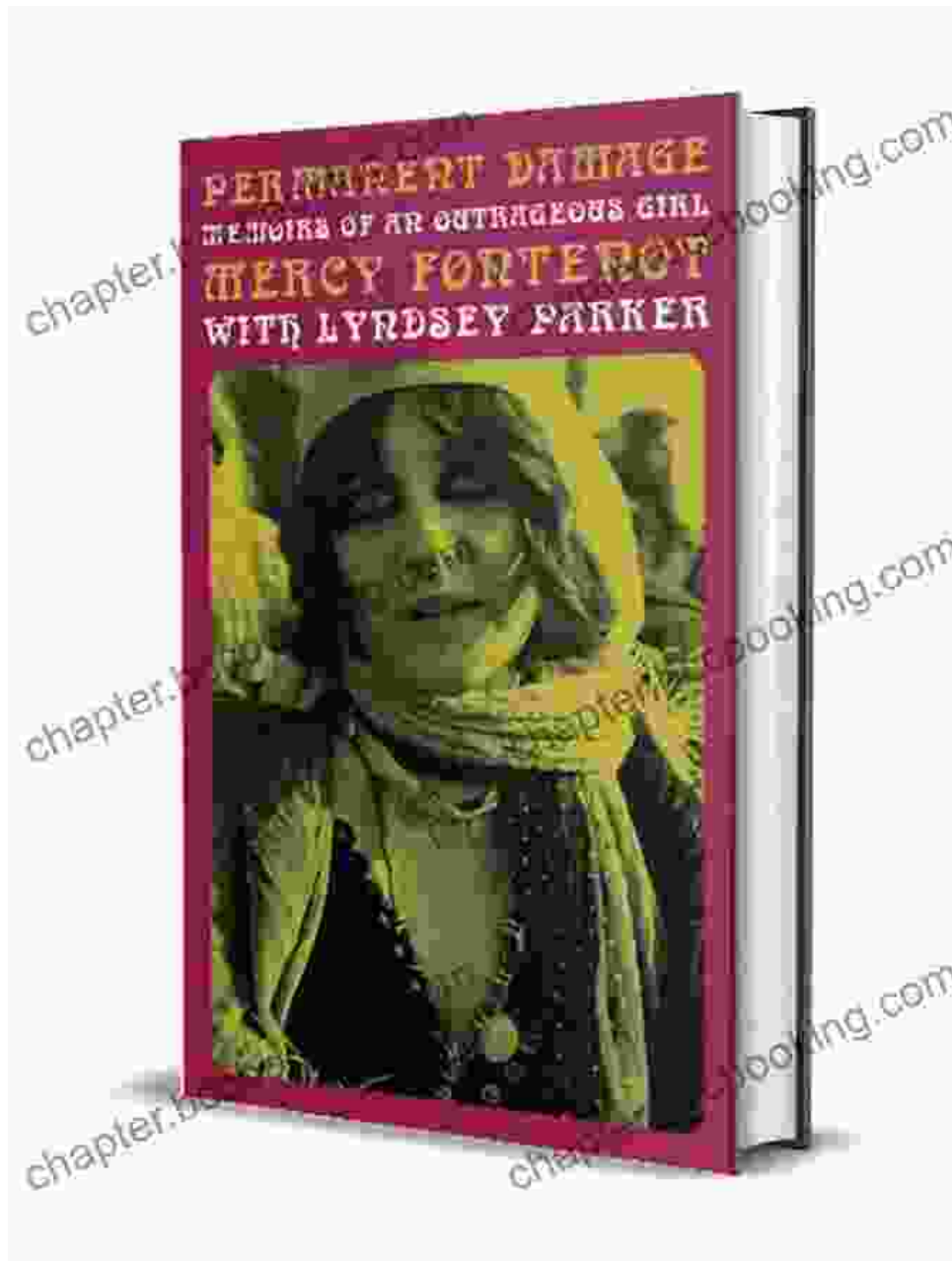


# Permanent Damage: A Shocking Memoir of Abuse, Addiction, and Triumph

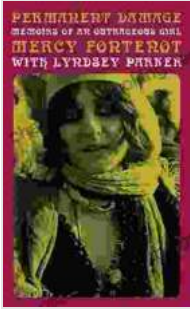


## Permanent Damage: Memoirs of an Outrageous Girl

by Mercy Fontenot

★★★★☆ 4.4 out of 5

Language : English



File size	: 2668 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 210 pages
Paperback	: 336 pages
Item Weight	: 1.86 pounds
Dimensions	: 6.66 x 1.14 x 9.11 inches



Permanent Damage is a shocking and unflinching memoir that chronicles the author's journey from a childhood of abuse to a life of addiction and homelessness. It is a story of survival, resilience, and the power of redemption.

The author, Marya Hornbacher, was born into a dysfunctional family. Her father was an alcoholic and her mother was mentally ill. Marya was sexually abused by her father and her stepfather. She began drinking and using drugs at a young age to escape her pain.

By the time she was 17, Marya was a full-blown alcoholic. She dropped out of school and began living on the streets. She spent the next several years in and out of hospitals and rehab centers. She was even arrested and jailed several times.

In 1999, Marya finally got sober. She began writing her memoir, Permanent Damage, as a way to process her past and to help others who have经历过 similar experiences. The book was published in 2003 and became a bestseller.

Permanent Damage is a powerful and moving memoir. It is a story of hope and redemption. It is a story that will stay with you long after you finish reading it.

### **Praise for Permanent Damage**

"Permanent Damage is a harrowing and ultimately triumphant memoir. Marya Hornbacher's story is one of courage, resilience, and hope. She is a gifted writer and her book is a must-read for anyone who has struggles with addiction or abuse.

- Oprah Winfrey

"Marya Hornbacher's Permanent Damage is a powerful and unforgettable memoir. It is a story of survival, resilience, and the power of redemption. Hornbacher's writing is raw, honest, and unflinching. She does not shy away from the dark details of her past, but she also finds moments of light and hope. Permanent Damage is a must-read for anyone who has ever struggled with addiction or abuse."

- The New York Times

### **Buy Permanent Damage**

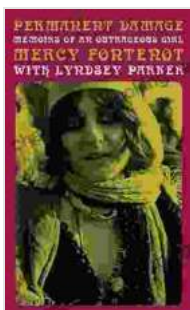
Permanent Damage is available in hardcover, paperback, and ebook formats. You can buy it from Our Book Library, Barnes & Noble, or any other major bookseller.

You can also buy a signed copy of Permanent Damage from Marya Hornbacher's website.

## Author Bio

Marya Hornbacher is a writer and memoirist. She is the author of the bestselling memoirs *Permanent Damage* and *Wasted: A Memoir of Anorexia and Bulimia*. She is also the author of the novel *The Center of Winter*. Hornbacher has written for *The New York Times*, *The Washington Post*, and *The Guardian*. She has appeared on *The Oprah Winfrey Show*, *The Today Show*, and *Good Morning America*.

Hornbacher is a graduate of Yale University and the Iowa Writers' Workshop. She lives in Brooklyn, New York.



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