Lethal Force: The Silencer 11 - The Ultimate Guide to Self-Defense

In a violent world, it's more important than ever to know how to protect yourself. Lethal Force: The Silencer 11 is the definitive guide to self-defense. With over 30 years of experience, author David Kahn has developed a proven system of unarmed self-defense that can save your life.



Lethal Force (The Silencer Series Book 11) by Mike Ryan

★ ★ ★ ★ 4.5 out of 5 Language : English File size : 1256 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled X-Rav : Enabled Word Wise : Enabled Print length : 278 pages Lendina : Enabled



Lethal Force is not just another martial arts book. It's a complete system of self-defense that draws on the best techniques from a variety of disciplines, including boxing, wrestling, judo, and karate. Kahn has distilled these techniques into a simple, easy-to-learn system that can be used by anyone, regardless of age, size, or strength.

The Silencer 11 is the core of Lethal Force. It's a series of 11 simple techniques that can be used to defend yourself against any type of attack.

These techniques are based on the principles of physics and human anatomy, and they can be used to generate devastating power even against a larger opponent.

Lethal Force is more than just a self-defense manual. It's a complete system of personal safety. Kahn covers everything from situational awareness to home security to the legal aspects of self-defense. He also provides valuable advice on how to avoid becoming a victim in the first place.

If you're serious about protecting yourself and your loved ones, then you need Lethal Force: The Silencer 11. It's the most comprehensive and effective self-defense system available.

What You'll Learn in Lethal Force: The Silencer 11

- The 11 core techniques of The Silencer 11
- How to generate devastating power even against a larger opponent
- How to defend yourself against any type of attack
- Situational awareness and personal safety
- Home security
- The legal aspects of self-defense

Free Download Your Copy of Lethal Force: The Silencer 11 Today

Don't wait until it's too late. Free Download your copy of Lethal Force: The Silencer 11 today and learn how to protect yourself and your loved ones.

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How to Stay True to Yourself and Stand Out From the Crowd

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