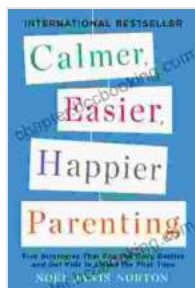


# End the Daily Battles and Get Kids to Listen the First Time: Five Strategies That Will Transform Your Home

Are you tired of the daily power struggles with your children? Do you feel like you're constantly nagging them to do what you ask, and they just tune you out? If so, you're not alone. Millions of parents struggle with getting their kids to listen and cooperate. But there is hope! In her groundbreaking book, *Five Strategies That End The Daily Battles And Get Kids To Listen The First Time*, renowned child psychologist Dr. Jane Nelsen provides parents with a roadmap to a more peaceful and harmonious home.

## The Five Strategies

Dr. Nelsen's approach is based on five key strategies:



## Calmer, Easier, Happier Parenting: Five Strategies That End the Daily Battles and Get Kids to Listen the First Time

by Noel Janis-Norton

★★★★☆ 4.7 out of 5

Language : English  
File size : 2167 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 448 pages



1. **Be a respectful listener.**

2. **Set clear and consistent limits.**
3. **Offer choices whenever possible.**
4. **Discipline with love and respect.**
5. **Teach problem-solving skills.**

These strategies may seem simple, but they are incredibly effective when implemented consistently. By following Dr. Nelsen's advice, you can create a home environment where your children feel heard, respected, and empowered. As a result, they will be more likely to listen to you the first time and cooperate with your requests.

### **Benefits of the Five Strategies**

The benefits of Dr. Nelsen's approach are numerous. Not only will you experience less conflict and power struggles in your home, but you will also:

- Build a stronger relationship with your children.
- Help your children develop self-discipline and responsibility.
- Create a more peaceful and harmonious home environment.
- Reduce stress and frustration for both you and your children.

If you're ready to end the daily battles and get your kids to listen the first time, then *Five Strategies That End The Daily Battles And Get Kids To Listen The First Time* is the book for you. Dr. Nelsen's proven strategies will help you create a more peaceful and harmonious home for you and your family.

## **About the Author**

Dr. Jane Nelsen is a renowned child psychologist and author of over 20 books on parenting and child development. She is the founder of Positive Discipline, a non-profit organization that provides parenting classes and workshops worldwide. Dr. Nelsen has been featured on numerous television and radio programs, including The Oprah Winfrey Show, The Today Show, and Good Morning America.

## **Reviews**

"Five Strategies That End The Daily Battles And Get Kids To Listen The First Time is a must-read for any parent who is struggling to get their kids to listen. Dr. Nelsen's approach is practical, effective, and based on sound child development principles." - **Dr. James Dobson, author of The New Dare to Discipline**

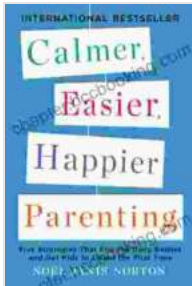
"Dr. Nelsen's book is a game-changer for parents. Her strategies are simple to implement and incredibly effective. I highly recommend this book to any parent who wants to create a more peaceful and harmonious home." - **Dr. Laura Markham, author of Peaceful Parent, Happy Kids**

If you're ready to end the daily battles and get your kids to listen the first time, then Free Download your copy of Five Strategies That End The Daily Battles And Get Kids To Listen The First Time today! You won't be disappointed.

**Free Download your copy today!**

\*\*Descriptive keyword for alt attribute:\*\*

Book cover of "Five Strategies That End The Daily Battles And Get Kids To Listen The First Time" by Dr. Jane Nelsen



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