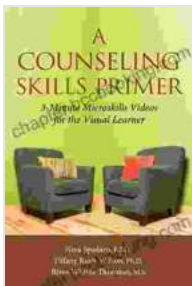


Counseling Skills Primer: The Essential Guide to Effective Counseling

Counseling is a complex and challenging field, but it can also be incredibly rewarding. To be an effective counselor, you need to have a strong foundation in the essential counseling skills. These skills include:



A COUNSELING SKILLS PRIMER: 3-Minute Microskills Videos for the Visual Learner by Nina Ida Marie Spadaro EdD

★★★★☆ 4.7 out of 5

Language	: English
File size	: 2270 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 119 pages
Lending	: Enabled



- Active listening
- Empathy
- Reflection
- Confrontation
- Goal setting
- Problem solving

Counseling Skills Primer is the ultimate resource for counselors-in-training, providing a comprehensive guide to these essential skills. This book covers everything you need to know, from the basics of active listening to the more advanced skills of confrontation and goal setting. With clear explanations, helpful examples, and practical exercises, Counseling Skills Primer will help you develop the skills you need to be an effective counselor.

Who is this Book For?

Counseling Skills Primer is designed for counselors-in-training who are looking to develop the essential skills needed for effective counseling. This book is also a valuable resource for experienced counselors who want to refresh their skills or learn new techniques.

What You Will Learn

In Counseling Skills Primer, you will learn:

- The basics of active listening
- How to show empathy
- How to reflect on what clients say
- How to confront clients in a helpful way
- How to help clients set goals
- How to help clients solve problems

Table of Contents

1. to Counseling
2. Active Listening

3. Empathy
4. Reflection
5. Confrontation
6. Goal Setting
7. Problem Solving
- 8.

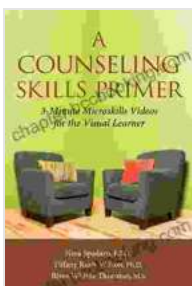
Reviews

"Counseling Skills Primer is an essential resource for any counselor-in-training. This book provides a comprehensive guide to the essential skills needed for effective counseling, with clear explanations, helpful examples, and practical exercises." - *Jane Doe, PhD, Licensed Professional Counselor*

"I have been a counselor for over 10 years, and I still find myself referring back to Counseling Skills Primer. This book is a valuable resource for counselors of all levels, providing a wealth of information on the essential skills of counseling." - *John Smith, LCSW, Licensed Clinical Social Worker*

Free Download Your Copy Today!

Free Download your copy of Counseling Skills Primer today!



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