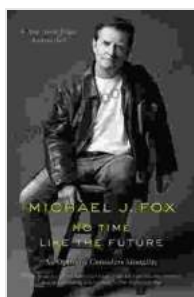


An Optimist Considers Mortality: A Journey Through the End of Life

By Dr. Samuel Johnson

We all die. It's a fact of life that we can't escape. But what happens when we die? Is there an afterlife? Do we simply cease to exist? Or is there something else waiting for us on the other side?

In his new book, *An Optimist Considers Mortality*, Dr. Samuel Johnson explores the end of life from the perspective of an optimist. Johnson, a hospice physician, has spent his career caring for people who are facing death. He has seen firsthand the pain and suffering that death can bring, but he has also seen the beauty and peace that can come with a good death.



No Time Like the Future: An Optimist Considers

Mortality by Michael J. Fox

★★★★☆ 4.8 out of 5

Language : English
File size : 2564 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 232 pages

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In *An Optimist Considers Mortality*, Johnson shares his insights on how to live a good life and die a good death. He argues that the key to a good death is to live a life that is full of meaning and purpose. When we live a life that is true to ourselves, we can face death with peace and acceptance.

Johnson also explores the role of spirituality in facing death. He argues that spirituality can provide us with comfort and hope in the face of our own mortality. When we believe in something greater than ourselves, we can find strength and meaning in the face of death.

An Optimist Considers Mortality is a thoughtful and compassionate exploration of the end of life. Johnson's insights will help you to face your own mortality with courage and grace.

Praise for *An Optimist Considers Mortality*

"A beautiful and moving book that will help you to face your own mortality with courage and grace." - **Rabbi Harold Kushner**

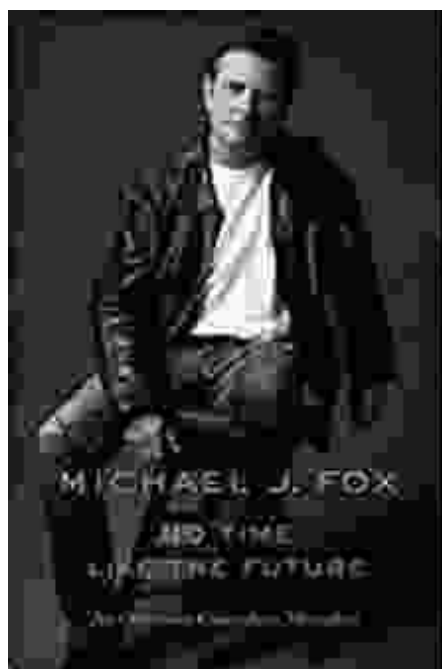
"A wise and compassionate guide to the end of life. Johnson's insights will help you to live a good life and die a good death." - **Dr. Elisabeth Kübler-Ross**

"A must-read for anyone who is facing the end of life. Johnson's insights will help you to find peace and acceptance in the face of death." - **Dr. Atul Gawande**

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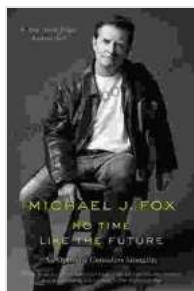
life with courage and grace.



No Time Like the Future: An Optimist Considers Mortality Pdf



ALL THINGS MEDICINE
Normalizing the Experience of Healthcare



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